

Welcome to March – Women’s History Month. The first week of March is also Women in Construction Week, better known to us as WIC WEEK. A week to celebrate all things NAWIC! What is YOUR NAWIC story? How has NAWIC Enhanced YOUR life, both personally and professionally? Who will you share your story with? How will you do it? There are so many ways to spread the NAWIC Spirit! Why not take someone to lunch and bring along a packet of information, including a membership form. Perhaps you can invite someone else to attend a WIC Week Event. I know each chapter has something special planned. And because this is Women’s History Month, don’t just limit your NAWIC Spirit to only March 6th through March 12th. Spread it through-out the month as well.

Our Salt Lake City Chapter has decided to do just that; Spread WIC Week through-out the month. Each Week they will hold a special event. The first week the event will be on Monday, The next week will be on Tuesday, the following week will be Wednesday, etc. Some events will be during the day, and some at night. In doing so, they are giving their chapter members the opportunity to pick an event, day or time that will best fit their busy schedule. What an inventive way to make sure all have the opportunity to celebrate.

I look forward to hearing from all of you, whether from the chapter point of view, our Members at Large, or from you individually.

And don’t forget to get your reservations in for Forum April 15th & 16th in Santa Maria California.

Speaking of reservations, The Early Bird special is now open for AMEC in San Antonio Texas. You can go on the NAWIC website and register there. And be sure to make your hotel reservations as soon as possible. Rooms are going fast.

Wear your NAWIC Spirit with Pride!
Lorelee Langworthy, CIT, CDS, CBT

California Central Coast, CA

El Paso, TX

Greater Phoenix, AZ

Honolulu, HI

Las Vegas, NV

Los Angeles, CA

Metro Denver, CO

Orange County, CA

Pikes Peak, Colorado

Salt Lake City, UT

San Bernardino / Riverside CA

San Diego, CA

San Gabriel Valley, CA

Tucson, AZ

Ventura County, CA



NEWS FROM AROUND THE REGION

San Bernardino / Riverside Chapter 111



What a great meeting we had in February to prepare for our Women in Construction Week. Thank you to Cynthia Corrales and Sandra Mancilla of Grid Alternatives Inland Empire in taking the time to speak to our membership teaching us about solar panel install and safety training for those who will be participating this Saturday. This is a very exciting event for our Chapter and we look to do this again in the next year.

Well Ladies, we finally have Pam Thigpen as a new member!! Pam has been coming to our meetings each month and she was already, "one of the girls", but now it is official! Welcome Pam! In addition, a BIG Congratulations to Pam and her family on the birth of newest Grandson, Urijah Deaon Wonzon, born February 8th! I'm sure Pam will have pics at her next

meeting to show off her little guy.

UPCOMING EVENTS – SAVE THE DATES

**Saturday, March 5th – GRID Alternatives Solar Build
24599 Beal Ave**

Moreno Valley, CA 92551

8:00 a.m. to 3:00 p.m. (we may be done by 2 p.m.)

Lunch to be Provided

Wednesday, March 16th – March Meeting (DATE CHANGE: Joint Meeting to be held on Thursday, April 21st) Please note the date change of the Land Surveyors Joint Meeting from March to Thursday, April 21st

Looking forward to seeing you all at our March meeting at Stronghold Engineering's Office. Please bring a guest to join us. Bring a few extra dollars to participate in our opportunity drawing – 50/50! Donations are greatly appreciated to raise money for our Chapter.

Saturday, April 3rd – Ronald McDonald Walk for Kids

We are promoting Health and Wellness within our Membership and supporting families of seriously ill children.

Friday and Saturday, April 15 & 16th – Pacific Southwest Region Forum 2016




If you plan to attend and haven't already done so, please book your hotel room for the group rate of \$110. I hope to have a big turn out from our Chapter for this special event.

As you can see, we have a busy few months – isn't that awesome!

We are a great Team! Be sure to like us on social media – Facebook, Twitter and Linked In.

Mackie

Patricia Mackie McNicholas



NAWIC

National Association of Women in Construction

San Bernardino / Riverside
Chapter 111, Region 12

P.O. Box 5981
San Bernardino, California 92412



Chapter 356 Presidents' Letter By Karen Mitchell, CBT, CI March, 2016



Pikes Peak Chapter Happenings

Despite the grim predictions of a Godzilla El Nino, the ladies of the Pikes Peak chapter have been enjoying a relatively mild start to 2016. Our January general membership meeting was held at Coronado High School and hosted by their Robotics Team. These kids really inspire us with their talent and ingenuity. This year, the students were challenged to build a robot that could break down obstacles protecting a castle and launch a ball through a second story window in a castle turret. We look forward to this meeting every year and are proud to sponsor this team with a monetary donation from our chapter as well as donations of time and materials from our members.

We ended January with our Block Kids competition. Despite a freak snowstorm, we had a record attendance. As always, our judges and volunteers were impressed with the ingenuity of the students participating.

In February, we welcomed new member Naomi Collins (pictured to left of Membership and Marketing Chair Valerie Bates). Naomi works for Arapahoe Fire Protection and has already jumped in with both feet, serving as a judge at our Block Kids competition and bringing guests to our meetings.



At our February general membership meeting, Julie Miller Davis spoke on "Empowering Practices to Transform your Business." We learned to strike a "power pose" when we need a quick refresher (and don't these ladies look powerful?). We also learned about choosing our Daily 3 to focus on rather than trying to do everything

on our desk at once, freeing up time for unexpected interruptions. We brainstormed ideas for dealing with those things that create stress during our days. I can't possibly do justice to Julie with just one paragraph, but I think I speak for all the members who attended when I say that Julie was just what I needed to get motivated again.

Our March general membership meeting will coincide with WIC Week. The program is NAWIC 101 and will showcase the many benefits NAWIC offers its members along with the community involvement that makes our chapter unique.

I look forward to seeing many of you at Forum in April. Until then, have a great Spring!

Famous Women

Information, Timeline, List, Resources and Articles About Famous Women In History



Women's History is more than just a celebration in the month of March. It's more than a handful of offerings on college campuses from the Women's Studies department. And it's definitely more than the checkmarks in the not-bad-for-a-girl column.

Contributing writer Tracey McCormick takes a snapshot of Women's History, offering her take on why it is important and what we – women *and* men – can learn from it. Read her introduction to Women's History, then follow more stories featuring women throughout history below.

Womens History Month

The UK, Canada, US and Australia celebrate Women's History every March. The month is used to reflect on the many different roles women have taken throughout history. It began under Jimmy Carter as Women's History Week and later expanded to the entire month.

Famous Women In Modern History

Joan Of Arc: Joan of Arc has become a world famous icon from 1412 France. While living she was instrumental in the Hundred Years War and after she passed she became a Saint in 1920.

Queen Isabella: Queen Isabella and her husband, King Ferdinand II of Aragon, unified Spain through their joint rule of Castile and Aragon. Together, they brought many improvements to Spain, including reducing crime and debt.

Queen Elizabeth I (1533 – 1603) Queen of England. Elizabeth I was the last of the Tudor monarchs. Despite a tumultuous rise to the throne, she reined England with considerable diplomacy and brought a period of peace and enlightenment to England.

Pocahontas (1595 – 1617) Native American. Pocahontas was a Native American princess of the Powhatan tribe. She is believed to have saved the life of the leader of the Jamestown colony, Captain John Smith. This act and her marriage to a Jamestown colonist helped establish peace between the Natives and the colonists, aiding in the survival of the colony.

Queen Anne: Queen Anne (1665-1714) was the last Stuart Monarch of Britain.

Catherine The Great: Catherine the Great was the Empress of Russia, and during her reign, she expanded Russian boundaries considerably and promoted education and Enlightenment, while continuing to promote nobility and reduce the rights of serfs.

Abigail Adams: Abigail Adams was the wife of John Adams, the second president of the United States of America. During her husband's travels the pair kept in contact through letters which has shed much light on their time and relationship.

Sacagawea: Guide and Interpreter (1788-1812) Sacagawea was a Lemhi Shoshone Native American woman. She travelled with Lewis and Clark helping them as both a guide and an interpreter.

Harriet Beecher Stowe (1811 – 1896) Author of "Uncle Tom's Cabin," which brought attention to the horrors of slavery.

Queen Victoria (1819-1901) Queen Victoria was Britain's longest ruling monarch and reigned over what is now known as the Victorian era. Read more about [Queen Victoria](#)

Elizabeth Cady Stanton (1815 – 1902) Pioneer of [women's rights movement](#)

Susan B. Anthony (1820 – 1906) Established the National Woman's Suffrage Association, and early leader of the [women's suffrage movement](#).

Florence Nightingale (1820 – 1910) An English nurse, considered a pioneering in modern nursing

Harriet Tubman (1820 – 1913) Born a slave, Tubman was the most famous member of the [underground railroad](#).

Clara Barton (1821 – 1912) The most famous [civil war nurse](#), Clara Barton later founded the American Red Cross.

Emily Dickinson: Emily Dickinson wrote close to 2,000 poems during her lifetime, the majority of which were not published until after her death. Her poems were often poignant and many centered around the mysteries of death.

Louisa May Alcott (1832 – 1888) Author of "Little Women" and "Little Men," Alcott also served as a [civil war nurse](#) and was an activist for [women's suffrage](#)

Annie Oakley (1860 – 1926) Oakley was a famous woman sharpshooter and star of Buffalo Bill's Wild West Show.

Marie Curie: Marie Curie was a famous chemist and physicist who held many achievements for women. She won the Nobel Prize twice and as influential in the world of chemistry. Read more about [Marie Curie](#).

Gail Laughlin (1868 – 1952) Attorney and prominent [women's rights activist](#)

Helen Keller: Helen Keller became blind and deaf at the age of two as a result of a severe illness. She overcame her handicaps to earn a college education, and she spent her life championing for the rights of those with physical

Eleanor Roosevelt (1884 – 1962) Wife of President Franklin Roosevelt, Eleanor was a prominent figure during WWII, a skilled writer, politician, and activist. She served as the Chairperson of the United Nations Human Rights Commission.

Georgia O'keeffe: Georgia O'Keefe was a painter who received great recognition for her paintings of flowers and landscapes, including barren desert scenes. She received many prominent honors during her lifetime, including the Medal of Freedom

Amelia Earhart (1897 – 1937?) First woman to fly solo across the Atlantic Ocean. She disappeared while trying to circumnavigate the world. Read more about [Amelia Earhart](#)

Margaret Chase Smith (1897 – 1995) Smith was the first woman to serve in the U.S. Congress, both in the House of Representatives and Senate.

Margaret Mead: Margaret Mead was the author of *Growing up in New Guinea*, *Male and Female* and *Coming of Age in Samoa*. She is known for illuminating the concept that personality differences is more of a cultural conditioning than an inherited trait.

Mother Teresa: Mother Teresa is a world iconic woman who performed many charitable acts. Her marks on international charity and helping starving children and children that were victims of conflict are well-known. .

Rosa Parks (1913 -2005) Rosa Parks was an American civil rights leader. Known as "The First Lady of Civil Rights" she is best known for refusing to give up her seat on a bus to a white man in Montgomery, Alabama.

Mildred Ella "Babe" Didrikson Zaharias (1914 – 1956) won two gold medal in the 1932 Summer Olympics in track and field. Afterward, she became a professional golfer, and won the US Open three times.

Margaret Thatcher: (1925-) Margaret Thatcher was the first woman Prime Minister of Britain. Leading the conservative party, she is known as "The Iron Lady."

Anne Frank (1929 – 1945) Author of "Anne Frank's Diary" about her experience in a Nazi Concentration Camp.

Sandra Day O' Connor: Sandra Day O'Connor went to Stanford Law School and graduated with her degree in law. She was the first woman to hold the title First Majority Leader of the senate.

Jane Goodall: Jane Goodall is a conservationist, animal welfare activist and expert on primates, particularly chimpanzees. Her studies and findings in the world of primates have been studied in many institutes. Read more about [Jane Goodall](#).

Gloria Steinem: Gloria Steinem is a journalist and author of several books who is best known for her lifelong endeavor of achieving equality for women in the workplace, in politics, and in all other societal aspects.

Barbara Jordan (1936 – 1996) first African American from a southern state to serve in the US House of Representatives, first African American to serve a keynote speaker at the Democratic National Convention

Madeleine Albright (1937 –) first woman to be appointed US Secretary of State

Hillary Rodham Clinton: Hillary Clinton is the 67th US Secretary of State. She is married to Bill Clinton, former US President and is very notable for her manner in handling scandal occurring during her husband's presidency.

Oprah Winfrey: Oprah Winfrey is an American Celebrity and icon. She started with a career in journalism, created her own talk show that has won numerous awards and currently has her own syndicated network.